

CCHS ATHLETIC INJURY POLICY

Dear Parent and Athlete:

The timely reporting of injuries is very important for a number of reasons. The athlete receives the proper treatment immediately. This often lessens the severity of the injury and aids in reducing the rehabilitation time needed for the athlete to fully recover and return to practice and competition. In case of serious injury, it allows for the timely evaluation of the injury and referral of the athlete to a specialist trained in the care of the injury in question. When the athletic trainer obtains timely information regarding any given injury, it allows for effective follow-up treatment. This aids in the athlete's recovery, reduces the chance of recurrence, and provides information in case of recurrence. It is for these reasons that the following procedures are being implemented:

1. If an athlete is injured and is treated by a physician, the athlete must obtain a written medical clearance from the treating physician and a verbal or written clearance from the athletic trainer before he or she will be permitted to return to practice and competition.
2. If an athlete is injured and fails to report the injury, the athletic trainer, upon his or her recognition of any injury condition, is authorized to remove the athlete from practice and competition until the proper treatment is received and the athlete is fit to return to practice and competition. Should the athlete simply require treatments which can be administered by the athletic trainer, the trainer's clearance alone will be required before the athlete is allowed to return to practice and competition. However, should treatment by the physician be required, then the procedures discussed above in #1 will apply.
3. The "taping" of athletes by parents or anyone other than the certified athletic trainer or the student trainer or coach is not an allowable act. The treatment or need for "taping" of athletes will be determined by the certified athletic trainer.

I have read and fully understand the information provided in this document:

Signature: _____ Date: _____
(Parent/Guardian)

Signature: _____ Date: _____
(Student Athlete)

ATTENTION FOOTBALL PARENTS! (Please read below)

Participation in sports can be very rewarding experience. However, there is a risk involved in all activities in which the body is in motion. In the sport of football there is routinely contact between one or more players. Injuries may result in football with or without such contact. These injuries may be minor or more serious. Serious injuries such as concussions, fractures, dislocations, paralysis or even death are possibility. It is your responsibility as a parent or athlete to notify the coach or athletic trainer of any injury. To reduce the likelihood of injury you should present to the coach any piece of equipment, which you feel, does not fit properly or is defective.

Your signature below indicates that you are aware of these dangers and choose to participate.

I HAVE READ AND UNDERSTAND THE POTENTIAL RISKS OF FOOTBALL

PARENT _____ DATE _____

PARENT _____ DATE _____

ATHLETE _____ DATE _____

CCHS SPORTS MEDICINE